



Subject: PSHE

RECEPTION			YEAR 1			YEAR 2			YEAR 3			YEAR 4			YEAR 5			YEAR 6		
AUTUMN	SPRING	SUMMER	AUTUMN	SPRING	SUMMER	AUTUMN	SPRING	SUMMER	AUTUMN	SPRING	SUMMER	AUTUMN	SPRING	SUMMER	AUTUMN	SPRING	SUMMER	AUTUMN	SPRING	SUMMER
Getting to know each other Class and school rules My family	When I grow up Discussing 'bad' behaviour in traditional tales What to do if I get lost	Looking after the environment/ recycling How to be a palaeontologist	Who is in my family? Who are my important people? What makes a person? What makes me happy? What does sad feel like? Why do we have rules?	Is it kind or unkind? Is teasing ever ok? What should I do if I don't like it? What does worry feel like? How do I keep safe? What should I do in an emergency?	When should I wash my hands? Why are teeth important? What should I do with money? What did I need as a baby? How can I be more grown up? Do I have to be the best?	Why should I exercise? What if I don't like vegetables? Are medicines always good? Can I stop myself getting ill? What does angry feel like? How do I make you feel?	Is it right or wrong? How can I compromise? What are rights and responsibilities? How do I contribute? Do I know my body? What does private really mean?	Who can I trust? How can I save the planet? Where does my money come from? Should I keep a secret? Am I safe online? What should I aim for?	What are my rights and responsibilities? What do I do when my friend is sad? What is restorative justice? What can affect my health? What's a balanced lifestyle? What is Health and Safety? Who can help me be safe? How does smoking damage my health?	What happens if I break a rule? Why should I tell the truth? What does honesty really mean? Who do my actions affect? What are my relationship rights and responsibilities? How do I raise my concerns?	What's a community? How can we be different? Who lives in my region? Who else lives in the UK? Transition to Year Four	What's that feeling I have? What do I do when my friend is cross? How do I compromise? How do I do first aid? Am I at risk? How do I stay safe online? How do I stay safe on my mobile? What can I do about negative thoughts?	Should I own up? Is it ok to hug? What is an aspiration? What is an enterprise? What worries me in the world? What is discrimination? What does it mean to be anti-social?	How do I support my community? What's a volunteer? Can I volunteer or help? Transition to Year Five	Can I set goals for me? How does alcohol damage my health? Can my mind get ill?	How do I make a choice? Should my heart rule my head? What is peer pressure? What if I'm uncomfortable?	Why is change so scary? Is my relationship unhealthy? What's a relationship commitment? What is a stereotype? What is prejudice? How do I challenge someone's views? What is a debt? Who pays tax? Who runs our country? Can I save money and the environment?	What affects my mental health? Will sad things happen to me? How do I break a habit? Should I give in to peer pressure?	Should I send/post something I'm not comfortable with? What if I get dared? If it happens all the time, does it mean it's right? What is puberty? How do humans reproduce? How do we look after ourselves? How do drugs damage my health?	Are images in the media real? Should I trust the media? Should I join in an argument? Am I a cyber bully? Have I trolled someone? How should I manage my money? Sex education. Transition to secondary school

Alvey Values:

PSHE and Relationships are taught as a discrete subject but they are also taught through other subject areas.

We want our pupils to have the ability and willingness to do the following eight things:

- Try New Things
- Work Hard
- Concentrate
- Push Themselves
- Imagine
- Improve
- Understand Others
- Not give up