



Knowledge Skills and Understanding Personal, Social and Emotional Development



Reception children will be learning to:

Self Regulation

- See themselves as a valuable individual.
- Identify and moderate their own feelings socially and emotionally.
- Be confident to access a range of different activities, both inside and outside.
- Wait their turn in games independently.

Managing Self

- Show resilience and perseverance in the face of challenge.
- Manage their own personal needs, e.g. toileting, undressing/dressing for PE.

Building Relationships

- Build constructive and respectful relationships with children and adults e.g. using manners, taking turns.
- Express their feelings and consider the feelings of others.
- Listen carefully and think about the views of others.



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Reception – end of year expectations

ELG Self Regulation	ELG Managing Self	Speaking Building Relationships
<ul style="list-style-type: none"> Show an understanding of their own feelings and those of others and begin to regulate their behaviour accordingly. Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate. Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions. 	<ul style="list-style-type: none"> Be confident to try new activities and show independence, resilience and perseverance in the face of challenge. Explain the reasons for rules, know right from wrong and try to behave accordingly. Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices 	<ul style="list-style-type: none"> Work and play cooperatively and take turns with others. Form positive attachments to adults and friendships with peers. Show sensitivity to their own and to others' needs.
Key Texts	Experience	Daily Routine
<p style="text-align: center;">Rama and Sita You Choose But Martin!</p>	<p style="text-align: center;">White Post Farm Trip Police Visit Fire Engine Visit</p>	<p style="text-align: center;">Story time (Talk for Reading focus) Nursery rhymes & songs Snack time - manners WellComm groups Listening and Attention groups</p>